KIN 191 Introduction to Health Studies and Kinesiology

Course Description
Credit 1 hr. A basic orientation and introduction to health studies and kinesiology with emphasis upon interpretation, opportunities, and obligations, and the development of the basic concepts pertinent to the profession. Twelve hours lecture and nine hours laboratory for nine weeks.

Course Objectives
By the end of the semester, the student will be able to:
1. Define physical education (CK)
2. Trace the evolution of the term physical education (CK)
3. Discuss the difference between a discipline and a profession (CK)
4. Discuss how the emergence of subdisciplines changed physical education (CK)
5. Explain the relationship of physical education to sport, athletics, and exercise (CK)
6. Identify three major objectives of physical education (CK)
7. Discuss the role of physical education in the maintenance of wellness (CK)
8. Begin the process of constructing and writing a personal philosophy
9. Analyze a variety of ethical issues and related behaviors and determine appropriate behaviors
10. Describe good and bad ethical traits
11. Discuss the importance of having national and state physical education content standards (PS)
12. Discuss the various components of the conceptual framework for the teacher education program
13. Describe the role and function of pedagogy courses in the preparation of physical education teachers
14. Identify and define at least 3 allied areas of specialization that have emerged from physical education (CK)
15. Discuss the role of physical education in education
16. Describe the roles and responsibilities of physical education teachers (CK)
17. Explain the relationship of teaching physical education and professional organizations

Abbreviations refer to components of the Conceptual Framework for Teacher Education at Southeastern Louisiana University: Setting the Standard for Excellence through Best Practice: KL – Knowledge of Learner, CK – Content Knowledge, PS – Professional Standards, SM – Strategy/Methods

PASS-PORT
Candidates are responsible for entering hours for field experiences (observation and teaching at approved sites) and professional development into PASS-PORT. Artifacts to be used in portfolios must also be entered. If an artifact requires instructor evaluation, it is the candidate’s responsibility to request that evaluation after the artifact is loaded into PASS-PORT.

Evaluation
Exams Observation Reports Web Assignments Personal Philosophy
The Conceptual Framework for Teacher Education at Southeastern Louisiana University: Setting the Standard for Excellence through Best Practice

What is a Conceptual Framework? A conceptual framework provides coherence and direction and serves as a means by which professionals describe important aspects of their work. The conceptual framework provides direction for the development of effective professionals, and is a living document that continuously evolves as opportunities and challenges emerge.

Components of the Conceptual Framework
Knowledge of the learner: an understanding of the learner is critical to providing effective and equitable instruction.
Strategies and methods: an understanding of a variety of teaching methods & strategies, as well as a sense of inquiry, creativity, and reflective thinking are goal characteristics of effective teachers.
Content knowledge: teachers should strive to gain a thorough understanding of their content areas of specialization.
Professional standards: standards that guide effective education, both generally and in each discipline area, are used to design our programs, and teachers should know and incorporate professional standards in everyday practice.
Diversity: The unit provides opportunities for candidates to understand the role of diversity and equity in the teaching and learning process. The effective professional can help all students learn and can teach from multicultural and global perspectives that draw on the histories, experiences, and representations of students from diverse cultural backgrounds.
Technology: Technology is emphasized throughout all programs and is used to support and improve student learning.