HS 461 The School Health Program

Course Description

This course will highlight the eight components of coordinated school health: (1) health education, (2) physical education, (3) health services, (4) nutrition services, (5) counseling, psychological, and social services, (6) healthy school environment, (7) health promotion for staff, (8) parent/community involvement. The following are prerequisites for entry into this course: Health Studies 131, Health Studies 132 and junior standing. This course is designed primarily for Kinesiology and Health Studies majors and others who will be involved in various aspects of school health programming.

Objectives

Upon completion of the course, the student will be able to:
1. Formulate a personal, professional philosophy of health, health education, and school health education. (PS)
2. Discuss the current need for coordinated school health in the United States. (PS)
3. Identify strategies for advocating and promoting coordinated school health in schools and communities. (PS)
4. Examine the interaction and contribution of the eight components of coordinated school health. (CK)
5. Explain vital aspects of comprehensive health education including goals, objectives, standards, and curriculum development or selection. (PS)
6. Discuss current practices and advancements in Louisiana in terms of coordinated school health. (PS)
7. Describe models and theories related to comprehensive school health. (CK)
8. Identify local, state, and national health resources and services available to support comprehensive school health. (CK)
9. Discuss and present effective teaching strategies. (SM)
10. Develop strategies to communicate with school administrators, teachers, parents, and the community. (PS)
11. Evaluate a school health education program via observational field experiences, and reflect on its appropriateness for the development of healthy students. (SM)
12. Participate in the local educational community and engage in activities designed to improve schools by planning and implementing a school-based project. (PS)
13. Demonstrate use of computer technology in accessing and assessing internet resources related to coordinated school health. (PS)

PASS-PORT

Candidates are responsible for entering hours for field experiences (observation and teaching at approved sites) and professional development into PASS-PORT. Artifacts to be used in portfolios must also be entered. If an artifact requires instructor evaluation, it is the candidate’s responsibility to request that evaluation after the artifact is loaded into PASS-PORT.

Textbooks

What is a Conceptual Framework? A conceptual framework provides coherence and direction and serves as a means by which professionals describe important aspects of their work. The conceptual framework provides direction for the development of effective professionals, and is a living document that continuously evolves as opportunities and challenges emerge.

Components of the Conceptual Framework
Knowledge of the learner: an understanding of the learner is critical to providing effective and equitable instruction.
Strategies and methods: an understanding of a variety of teaching methods & strategies, as well as a sense of inquiry, creativity, and reflective thinking are goal characteristics of effective teachers.
Content knowledge: teachers should strive to gain a thorough understanding of their content areas of specialization.
Professional standards: standards that guide effective education, both generally and in each discipline area, are used to design our programs, and teachers should know and incorporate professional standards in everyday practice.
Diversity: The unit provides opportunities for candidates to understand the role of diversity and equity in the teaching and learning process. The effective professional can help all students learn and can teach from multicultural and global perspectives that draw on the histories, experiences, and representations of students from diverse cultural backgrounds.
Technology: Technology is emphasized throughout all programs and is used to support and
improve student learning